



FARM in Nakanoho STAY

Come and stay with us!

Experience a real and traditional homestay in the Japanese countryside.



Sakaori terraced rice fields walking map

The NPO Ena city Sakaori Tanada preservation society
<http://sakaori-tanada.com>



Fudo falls farmer's market

We grow and sell local vegetables and food. The vegetables are grown using very reduced amounts of artificial pesticides and the mushrooms and wild plants are all naturally grown in the local area. Our local food has all been made using traditional methods. For example, our "miso" (soy bean paste) is made from local soy beans and rice and does not have any artificial flavoring or preservatives. You can also enjoy meals and lunch boxes that are served using seasonal vegetables from the local area and, of course, rice from the Sakaori terraced rice fields.



access

- Time required from Nagoya**
By train
 ●1hr from Nagoya Sta. by rapid train on JR Chuo Line
By car
 ●50min from Nagoya IC using Tomei Expwy and Chuo Expwy
- Time required from Tokyo**
By train
 ●2hr 45min from Tokyo Sta. by JR Tokaido Shinkansen and rapid train on JR Chuo Line
By car
 ●2hr 45min from Chofu IC using Chuo Expwy
- Time required from Osaka**
By train
 ●2hr from ShinOsaka Sta. by JR Tokaido Shinkansen and rapid train on JR Chuo Line
By car
 ●2hr 30min from Ibaraki IC using Weishin Expwy and Chuo Expwy



Nakanoho sightseeing map

Accommodation

Inquiries/Application:
MuCHuu LLC E-mail muchuu2017@gmail.com

(Farm inn) Ginmokusei

Ginmokusei is a house that has 4 generations of the same family living there. If you stay there, you can see Nakanoho, glistening in the morning sunshine. The owner of the house, Imae, is a specialist in cutting and thinning trees in the forest. He is a member of the local lumberjack group, known as "Somagumi". His wife, Yaeko, is one of the guides for the walk around the terraced rice fields. She is very familiar with the history and folktales of the Nakanoho district. She also provides delicious meals, using their homegrown vegetables.



(Farm inn) Kouya

"Kouya" is almost in the middle of the Sakaori terraced rice fields area. You can see the terraced fields from the windows. The owner, Kazuaki, grows rice in one of the large rice fields and his wife, Machiko, grows vegetables in their vegetable garden. Kazuaki's hobby is mountain climbing. He is a climbing guide for Mount Kasagi (1128m) and Mount Gorgen (850m). Machiko makes traditional food. She is particularly good at making "koryaku" and miso (soy bean paste). They also provide hands-on cooking classes.



(Farm inn) Fuuchan

"Fuuchan" is situated high up on the hill. You can see the rural landscape and Mount Kasagi spreading out in front of you. The owner, Tateki, works for the local agricultural group, "Agri-assist, Nakanoho", which protects the agriculture in this region. His wife, Fuzuki, is a very active person, working as a calligraphy teacher at the local Elementary school and also growing a wide variety of vegetables in their field, amongst many other activities. You can enjoy many seasonal fruits at "Fuuchan", including persimmon, plums and chestnuts. You can also experience various agricultural activities and traditional food making. If you stay at "Fuuchan", you will feel like you are staying in your countryside grandmother's house!



(Farm inn) Yamanokaido

"Yamanokaido" is a large house run by Mrs. Kamei, where three generations have lived. The grandmother of the family, who was born in 1931, is still healthy and happy. There is a beautiful "pocket park" in front of the house and a wood-burning stove in the kitchen. There is also a large common room on the first floor, where up to 30 people can gather. There are 3 rooms that you can stay in on the second floor (one room is a twin bed). The owner's hobby is making soba and cooking. You can try making soba yourself, if you stay here.



(Farm inn) Kurashinoyado Tokinouta

"Kurashinoyado Tokinouta" is run by Mr. and Mrs. Nagae, along with their two sons. The inn is surrounded by mountains, fields and an abundance of nature. They grow rice and vegetables naturally, without any use of pesticides or chemical fertilizers. They have renovated an old private house themselves and have made it in to a very cozy space. With a bath that is heated by a wood fire and chickens in their huts, you can enjoy a very special experience of being in the traditional, Japanese countryside when staying here. Families with young children are especially welcome.



View of Sakaori terraced rice fields seen from photo point
なごみの家を望む 坂折棚田の眺望



Top 100 Terraced Paddy Fields in Japan
日本の棚田百選

Sakaori terraced rice fields walking map



坂折棚田ウォーキングマップ

- P** = Parking lot
- WC** = Rest room
- SG** = Start and goal

- Photo point
- Sketch point

Terraced rice fields footpath route
棚田散歩ルート

Map details include: Drink Vending machine (自販機), Water mill (水車小屋), Petrograph (ペトログラフ), Tano kami (田の神様), The God of the rice fields (local Shinto deity), Hachimakiwa (はちまき岩), Nagomi no ie (なごみの家), Sakaori Ochabandokoro (さかおりお茶番処), Parking lot (P), WC, SG, Teaze (手畦), Biotope (ビオトープ), Sumikadoishi (隅角石), Sakaori river (坂折川), Masonry samples (石積見本), Tenbo Hiroba (展望広場), Rest room (トイレ), Sumikadoishi (隅角石), and directions to Yaotsu.

Sakaori terraced rice fields rest place
Sakaori Ochabandokoro
さかおりお茶番処

The "Sakaori Ochabandokoro" is a rest place situated in the middle of the Sakaori terraced rice fields. You can enjoy tea or eating a meal, while admiring the views of the terraced rice fields in front of you.
The store also sells local specialty goods from the surrounding area. Please come and see us.

25 min. Shortest walking route
from Noze bus stop
to Ochabandokoro

Mt. Kasagi
View from Tenbo Hiroba

Map details include: Mt. Gongen (権現山), to Uegongen shrine (上権現神社), Mountain trail entrance (登山口), Hut for charcoal kiln (炭焼き窯), Kurose-kaido road information sign (黒瀬街道案内看板), Kurose-kaido road (黒瀬街道), Shitagongen big cedar trees (下権現の大杉), Shitagongen shrine (下権現神社), Historical walking route from Ochabandokoro to Noze bus stop (歴史探訪ルート), Nagomi no ie (なごみの家), Sakaori Ochabandokoro (さかおりお茶番処), Tanokami (田の神様), Ranzumi (乱積み), Yamano kami Ryujin (山の神・龍神), Sakaori river (坂折川), Tenbo Hiroba (展望広場), to Yaotsu, Onigurumi (Manchurian walnut) (オニグルミの木), Shimizu kuchi (清水口), Noze bus stop, Noze bridge (野瀬橋), Terraced rice fields scenic point (棚田ビューポイント), Blueberry garden (ブルーベリー園), to Shirakawa, to Ena city area, and directions to Yaotsu.